



High Desert Horsemen
 P.O. Box 2263
 Dayton, NV 89403
www.hdhorseman.org

HD Hoof Prints

UPCOMING EVENTS

Volume 10 Issue 1 January 2014

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Saturday, February 8th - Indian Lakes Ride. Go to Fallon to N Maine Street. Head north on US-95 N/Lovelock Hwy/N Maine St for 2 miles. Take a slight right onto NV-726/Old River Rd - go .8 miles. Slight right onto NV-726/Bafford Ln, continue to follow Bafford Ln - go 1.5 miles. Turn Left onto Indian Lakes Rd - go 3.9 miles. There will be two loops—each approximately 1 1/2 to 2 hrs. We will ride the first loop, break for lunch back at the trailers and then do the second loop. Bring a brown bag lunch. Ride out at 11 a.m.

Thursday, February 13th - Trail Trial Planning Meeting 6:30 pm at the No. Carson Round Table Pizza, 3325 Retail Dr., Carson City. If you are ordering dinner please come early, the room will be open at 6:00. We will start the planning of our annual Trail Trial to be held on Saturday, September 13th at Fort Churchill State Park, Scout Camp. The trail trial and associated raffle will be our main fund raiser for the year so all members are encouraged to come to this. We will NOT be discussing the obstacles so even if you think you will want to ride in the trail trial you are still encouraged to attend. For info please contact: Cerena Cooper 267-9275 cerena713@gmail.com.

Saturday, February 15th - Stephanie Loop Ride at the end of Stephanie Way in the Carson Valley. Ready-to-ride at 10:00. Ride will be about 3 hrs and the footing is mostly sandy with a few rocky areas. Hikers, motorcycles & ATVs may be in the area. There are no restrooms or water. Bring a brown bag lunch. No parking fee - HTAP ride - open to guests - ride fee is 1 canned good. Directions will be emailed. For info contact the ride host: Bonnie Replogle 882-6604 twoandahalfmustangs@msn.com.

Thursday, March 13th - HDH Board/General Membership Meeting 6:30pm, Dayton Valley Branch Library, 321 Dayton Valley Rd, Dayton. Everyone is welcome. If you have any questions please contact: Linda Mulkey 775-629-0817 llmulkey@yahoo.com.

Saturday, March 22nd - Equine Intelligence/Social Test & Washoe Ride Clinic at Rockin'L J Arena in Washoe Valley. Start Time: 9:30 in parking lot - horses only need halter/lead rope. This is meant for entertainment purposes only (for the humans and the horses)—not scientific! Nothing dangerous or scary! The tests were taken from a dog IQ test that was adapted for horses. Owner will be leading their horse through 12 different timed tests to assess the horse's observational learning, problem solving, attention and environmental learning, social learning, short and long term memory, language comprehension and process of learning. Food rewards (alfalfa pellets) will be provided. Clinic length depends on number of participants. Clinic is in a covered, 1-acre arena. In 4 of the 12 tests, horse will be loose in a safe, confined area (not with other horses). Limited concessions available for sale: mostly just drinks (hot and cold), candy and muffins. Bring a sack lunch, HDH members only, \$15 fee (per our rules, this must be paid 1 week prior to the clinic) Limited to 20 participants, if the clinic is not full - \$5 for a 2nd equine. Contact Amy if you would like to bring a 2nd equine. Restrooms and horse water available, helmets are required for minors. Ride afterwards will be in Washoe Lake State Park approx. 2 hours on sandy & flat terrain. Boots are not needed. Hikers & dogs may be in the area, public dirt road. HTAP ride - ride fee is 1 canned good. Directions will be emailed. For clinic info or to sign up contact: Amy Casey acasey@washoeschools.net 775-530-3748 (no text msg) or Heidi MacDonald macfarm256@gmail.com 775-828-5179.

(Continued on page 5)

Encouraging a Thick Winter Coat

By the Editors of EQUUS magazine

FROM
EQUUS

An equine veterinarian from chilly upstate New York advises a reader on how to encourage her horse to grow a thick winter coat.

Q: I live in northwest Colorado, where winter temperatures can drop as low as minus 20 degrees Fahrenheit. I'm concerned about keeping my 13-year-old horse Romeo warm enough during those freezing conditions. Romeo, who is fed a senior feed, is slow at growing a winter coat, and when I put blankets on him he still shivers. What can I do to make sure that he stays warm enough?

A: This is a wonderful question because it is the opposite of what people normally ask. The hot topic in show circles is how to make that long, shaggy winter coat disappear. But how do we encourage further growth of that protective jacket that Mother Nature provides horses?

The answer lies in understanding how hair grows. It is influenced primarily by the changing levels of daylight

throughout the year. In early to midsummer the hair is dormant (known technically as the telogen phase). But as the amount of daily sunlight diminishes in late summer, the horse's hair starts growing (anagen phase) until the full winter coat is in. The hair then reenters the telogen phase again until early spring, when increasing daylight triggers the new hair to grow as the old coat sheds out.

Environmental temperatures also affect this cycle. Warmer than normal temperatures slow or halt the growth of the winter coat. Other less critical but still important factors influencing hair growth include the individual's nutritional status, overall health and genetics.

The regulation of hair growth starts with sensory organs, such as the eyes, which have photoreceptors, and the skin, which has temperature sensors. These receptors tell the brain what is going on in the environment. The brain then sends out signals to the hair follicles using numerous regulating molecules to tell the hair to start or stop growing.

Now to answer your question: why Romeo appears to have trouble growing a winter coat. The first thing I would look at is his exposure to light. If he lives in a barn, make sure the lights go off when the sun sets. When people ask for help in shedding heavy coats, the answer is to keep them "under lights," which means 16 hours of light and eight of darkness. We want to do the opposite with Romeo.

Next, I'd recommend that you not blanket him too early. Also, avoid keeping him in a heated or warm barn in the late summer through early winter. If you do, the higher skin temperatures will signal the hair growth to slow or even stop. Horses generally cope with colder weather much better than we think, so resist the temptation to bundle him up. Once the winter coat has come in, you can consider blanketing on the colder days.

Senior feeds are generally very good at delivering all the necessary nutrients. But make sure that you are feeding Romeo enough. He needs to be in a good weight, with a thin layer of fat over his ribs. If he is

(continued on page 8)

HAPPY BIRTHDAY!!!



Breakfast Ride 11/2/13



Trish Clark & Donna Lamb



Leah Singleton & Sonia Scott



Kelli Lyon, Sandy Blair, Roy Johnson, Jennifer Kersten

Note from Ride Host, Linda Mulkey:

The last HTAP ride of the year was held on Saturday, November 2nd.

The breakfast cooked by Jim Mulkey was a big hit. We had pancakes, sausage (donated by Trish and Mike Clark), and scrambled eggs.

The ride took us through the new underpass on Hwy 50 and we rode up in the hills. The ride was 3.25 hours. There were 17 riders:

Kelli Lyon—Snips
Marsha Arthur—Annie
Trish Clark—Smokie
Donna Lamb—Timer
Bonnie Replogle—Falcon
Amy Casey—Jolly
Sandy Blair—Sheba
Leah Singleton—Roxie
Sonia Scott—Coppertone
Roy Johnson—Tug
Kelly Knapp—Robin
Deb Denkler—Ramses
Cerena Cooper—Eddy
Heather Coleman
Jennifer Kersten—Buddy
Judy Fisburn—Corsair
Linda Mulkey—Nikya

After we came back we had hot dogs and chili. Some folks dubbed the ride as the “food ride”.

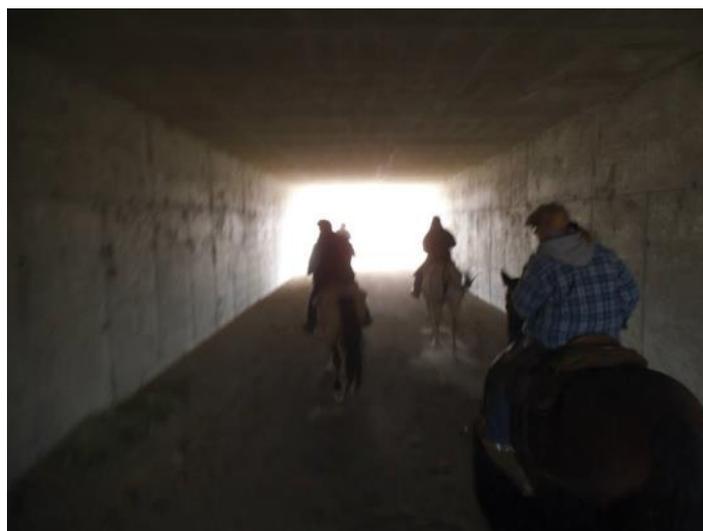
Breakfast Ride 11-2-13



Donna Lamb, Roy Johnson, Marsha Arthur, Linda Mulkey, Kelly Knapp, Sonia Scott, Leah Singleton



Amy Casey, Deb Denkler, and Heather Coleman



Going through the underpass under Highway 50



Marsha Arthur

Calendar (continued)

Saturday, March 29th - Trail Trial Clinic At Washoe State Park Arena, riders meeting at 9:30am, the clinic starts at 10:00 a.m. This clinic is suitable for all levels of horses and riders. It will cover both trail trial basics and the specifics of what the judges are looking for. Many different types of obstacles will be set up and several experienced coaches have volunteered so we can provide lots of practice and advice. HDH members only, brown bag lunch, \$15 fee (per our rules, this must be paid 1 week prior to the clinic) Limited to 16 participants. Restrooms and horse water available, helmets are required, \$5 parking fee. Directions will be emailed. For clinic info contact: Cerena Cooper 267-9275 cerena713@gmail.com To sign up contact: Amy Casey 530-3748 (no text msg) acasey@washoeschools.net.

2013 HTAP Awards

Bronze Medal (12 Hrs or less – min. of 3 rides)	
Sandy Blair	Sheba
Jill Ann Browning	Fancy
Amy Casey	Jolly
Cerena Cooper	Buddy
Roy Johnson	Tug
Donna Lamb	Timer
Kelli Lyon	Snips Storming Chex “Snips”
Sonia Scott	Coppertone
Leah Singleton	Black Clouds Warrior “Alvin”
Leah Singleton	Rock N Again “Roxie”
Silver Medal (13 to 24 hrs)	
Sandy Blair	Sheba
Amy Casey	Jolly
Cerena Cooper	Buddy
Roy Johnson	Tug
Kelly Knapp	Robins Desert Storm
Kelly Knapp	Sky
Donna Lamb	Timer
Kelli Lyon	Snips Storming Chex “Snips”
Sonia Scott	Coppertone
Gold Medal (25 to 40 hrs)	
Sandy Blair	Sheba
Trish Clark	Smokie
Cerena Cooper	Eddy
Roy Johnson	Tug

Plaques (41 to 60 hrs)	
Deb Denkler	I'ma BlackBerry Cooler "Ramses"
2012	26.25 hrs
2013	27.75 hrs Total: 54 hrs
Bonnie Replogle	Black Falcon
2012	32.0 hrs
2013	23.5 hrs Total: 55.5 hrs
Brenda Rogers	JJ
2009	8.5 hrs
2010	5.0 hrs
2011	13.0 hrs
2012	12.25 hrs
2013	3.75 hrs Total: 42.5 hrs
PLATES (to be placed on Plaques already awarded previously)	
Marsha Arthur	Annie Get Yor Guns
2013	39.0 hrs
	Total: 105.65 hrs
Trish Clark	Two Steppn Sonny "Jack"
2013	16.75 hrs
	Total: 59.75 hrs
April Dziabo	Daisy
2013	20.75 hrs
	Total: 67.75 hrs
Kelli Lyon	Pepper
2013	5.75 hrs
	Total: 107.10 hrs
Linda Mulkey	Nikya
2013	25.25 hrs
	Total: 126.15 hrs

PARTICIPATION CERTIFICATES

(Hours were logged but not enough hours earned toward next level)

Sheila Aerick	Whimsy
Nancie Cuccato	Blondie
Kendall Howard	Cheyenne
Kendall Howard	Rio
Vicki Johnson	Tootsie
Gail Law	Nevada
Bonnie Replogle	Caabo
Linda Mulkey	Rana

SPECIAL AWARDS

Marsha Arthur & Annie	100 Hours - Headstall
Trish Clark	Most Individual Hours - Flask

Ride Host Awards – Horseshoe bridle hook

(To be awarded on New Year's Day to people who hosted rides in 2013)

Kelly Knapp
Marsha Arthur
Trish Clark
Bonnie Replogle
Amy Casey
Deb Denkler
Cerena Cooper
Tony Sumner

2013 Christmas Party and Year End Awards



Amy Casey, Bonnie Replogle, Vicki Johnson



Jarod Lyon—winning a raffle prize



Raffle items



Cerena Cooper, Bonnie Replogle, Dennis Cuccato, Jim Mulkey, Steve Lyon



Amy Casey, Vicki Johnson, Kelly Knapp, Sheila Aerick



Deb Denkler—white elephant exchange

Encouraging a Thick Winter Coat (continued from page 2)

underweight, giving him more calories will increase his body fat, which is an excellent insulator. Many people are afraid to feed a horse more than what they feel is "normal." But every horse is different and some may need a lot of feed or a high-fat diet to maintain weight. If he is an easy keeper getting only one or two pounds of senior feed per day, he may not be getting enough micronutrients to optimize hair growth. But if he gets too heavy on a standard ration, consider giving him a protein/vitamin/mineral supplement instead of the senior feed. Many feed companies make these for easy keepers or horses who get most of their calories from pasture and hay. If Romeo is getting a normal amount of senior feed, consider adding either this supplement or one of the more complete hoof supplements to his diet in case he poorly absorbs nutrients.

Given that you live in a state known for excess selenium in the soil, I would also test your horse's blood for this trace mineral. Although small amounts of selenium are essential in a horse's diet, high levels are toxic and can alter hair growth.

Finally, make sure your horse does not have any underlying health issues. Internal parasites, poor teeth, recurrent airway obstruction (heaves) and other conditions can rob a horse of the nutrients needed to give him a good hair coat. I generally do not recommend that horses be too heavy, but for those who grow poor hair coats despite our best efforts, a few extra pounds may help keep them warm for the winter. Talk to your veterinarian first to make sure there are no reasons that letting your horse get a little overweight for the winter would be bad for him.

David Trachtenberg, DVM
Ledgeswood Equine Veterinary Clinic
Ontario, New York

2013 Christmas Party and Year End Awards

The party was a lot of fun. Good food, good company, and lots of raffle and door prizes. What more could a person ask for? There are more pictures on the HDH website. Awards are listed on pages 6 & 7



Kelli Lyon & Deb Denkler



Kelli Lyon & Bonnie Replogle



Sheila Aerick & Kelli Lyon



Kelli Lyon & Nancie Cuccato



Kelli Lyon & Vicki Johnson



Kelli Lyon & Kelly Knapp



Kelli Lyon & Amy Casey



Linda Mulkey & Kelli Lyon



Kelli Lyon & Sonia Scott



Kelli Lyon & Roy Johnson



Kelli Lyon & Cerena Cooper

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A collage of images showing various types of horse-related buildings and equipment, including a large clear span building, a hay shelter, a horse trailer, and a custom truck bed.

JOSEPH M. COLI, D.V.M.

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A business card for Comstock Large Animal Hospital featuring a blue logo of a horse head and a caduceus.

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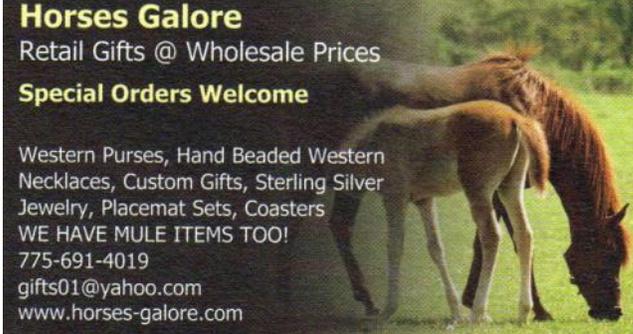
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